# Y. JOEL WONG

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201, N. Rose Ave., School of Education, room 4052, Bloomington, IN 47405

**CURRENT EMPLOYMENT**

Professor (tenured) July 2018 - present

Counseling Psychology and Counseling/Counselor Education

Affiliated Faculty Member:

* Asian American Studies Program
* Southeast Asian and ASEAN Program
* Department of Gender Studies, and
* Center for Research on Race and Ethnicity in Society

Indiana University Bloomington (IU)

Chair July 2019 – July 2023

Interim Chair August 2018 – June 2019

Department of Counseling & Educational Psychology

Indiana University Bloomington

Associate Professor (tenured) July 2012 – June 2018

Indiana University Bloomington

Visiting Associate Professor Fall 2013

Division of Psychology, Nanyang Technological University, Singapore

Assistant Professor August 2007 Indiana University Bloomington - June 2012

**EDUCATION**

Ph.D., Counseling Psychology (APA-accredited) 2007

The University of Texas at Austin (UT)

GPA: 4.0

Psychology Intern, Counseling & Mental Health Center 2006-7

University of Texas at Austin (APA-accredited)

**HONORS**

Top 2% of scientists in the world (Global Career Impact List) 2023

IU Asian Cultural Center’s Distinguished Service Award 2023

Asian American Journal of Psychology Best Paper Award 2023

Asian American Journal of Psychology Best Paper Award 2022

Faculty Mentorship Award 2021

Indiana University Graduate and Professional Student Government

Certificate of Excellence in Reviewing

(Journal of Counseling Psychology) 2018

Appointed Fellow of APA (Division, 51) 2016

Appointed Fellow of APA (Division, 45) 2016

Appointed Fellow of the 2016

Asian American Psychological Association

Shane J. Lopez Award for Professional Contributions 2016

in Positive Psychology

Positive Psychology Section

Society of Counseling Psychology (Division 17, APA)

Appointed Fellow of APA (Division 17) 2015

Best in Science Address 2014

Society of Counseling Psychology (Division 17, APA)

Emerging Professional – Contributions to Research Award 2013

Society for the Psychological Study of Culture, Ethnicity, and Race

(Division 45, APA)

Early Career Award for Distinguished Contributions 2012

Asian American Psychological Association

Researcher of the Year Award 2011

Society for the Psychological Study of Men and Masculinity

(Division 51, APA)

Trustees’ Teaching Award                                                               2009, 2010, 2015

Indiana University School of Education

(Recognizes outstanding teaching; awarded to no more than 6% of full-time faculty)

Nominated (not awarded) 2013, 2018

**GRANTS**

*Evaluation of the MINDSET App and Its Impact on the Mental Health of and Risk for Suicide among Asian American Young Adults.* Submitted to the American Foundation for Suicide Prevention. Role: Co-PI – not funded.

*Giving Thanks Together: Evaluating the Gratitude Group Program* funded by the Indiana University Institute for Advanced Studies ($6360). (2021) Role: PI.

*Encouragement as a Racial Justice Tool for Black College Students* funded by the Indiana University Racial Justice Research Fund in 2021 ($15,000). Role: PI.

*Looking from the Inside Out: Broadening Participation in STEM through a focus on Mental Health and Institutional Accountability.* Submitted to the National Science Foundation in 2019 ($1,079,946; IU portion: $350,000). Role: Co-PI – not funded.

*Mental Healthcare, Virtue, and Human Flourishing* funded by the John Templeton Foundation (April 1, 2020 – April 1, 2023). Role: advisor

*Mental Health, Virtues, and Human Flourishing* (planning grant) funded by the John Templeton Foundation (September 1, 2018 – 2019). Role: advisor

*Giving Thanks Together: Evaluating the Gratitude Group Program* submitted to the John Templeton Foundation ($1,594,689). 2018. Role: PI – not funded.

*An Intervention to Promote Responsible Health Behaviors in Homeless Youths* funded by the National Institute of Child Health and Human Development [R01 HD083576-01A1] ($2,200,000.00) (April 1, 2016 - March 31, 2020). Role: Consultant

*A Sexual Assault Preventive Intervention for Male College Students: A Randomized Controlled Trial Based on the Self-Persuasion Paradigm* funded by the American Psychological Foundation Visionary Grant ($17,000) and the American Psychological Foundation Division 17 Grant ($3000) (2016 – 2018). Role: PI

*Advisors as Encouragers: Testing an Encouragement Writing Intervention for Doctoral Advisors and Advisees* funded by the Indiana University Institute for Advanced Studies ($3000) (2016-2018). Role: PI

*The Use of a Gratitude Writing Intervention With Psychotherapy for Outpatient Clients: Examining Neural Correlates and Psychosocial Mechanisms ($199,998)* – awarded by the Greater Good Science Center (funded by the John Templeton Foundation) (2012-2014). Role: PI

*Predictors of Asian American Adolescents’ Suicide Ideation and Attempt: A Longitudinal, Latent Class Regression Analysis* ($18,000) – funded by the Maris M. Proffitt and Mary Higgins Proffitt Endowment Grant at Indiana University (2010). Role: PI

**SCHOLARLY PUBLICATIONS**

***Manuscripts published/in press in peer-reviewed journals***

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|  | Wong, Y. J., Peterson, Z. D., Hoffacker, C. P., & Kang, J. (in press). Social norms: Implications for the prevention of male college students’ perpetration of sexual aggression. *Professional Psychology: Research and Practice*. |
|  | Li, P. F. J., & Wong, Y. (in press). The Multilevel Personality-to-Purpose (MPP) Framework: Promoting purpose in life through fulfilling basic psychological needs, strengths, values, identity, and passion. |
|  | Wong, Y. J., Cho, N., & Pandelios, A. L. (2024). Feeling good versus doing good: Reclaiming a moral vision for the psychology of gratitude. *International Journal of Applied Psychology.* Advance online publication. <https://doi.org/10.1007/s41042-024-00157-2> |
|  | Li, P. F. J., Wong, Y. J., Deng, K., & Li, Y. (2024). Gratitude in a culturally adapted psychotherapy group and in Chinese culture: Interpretative phenomenological analysis. *Asian American Journal of Psychology.* Advance online publication. <https://dx.doi.org/10.1037/aap0000336> |
|  | Li, Y., Whiston, S. Wong, Y. J., & Gilman, L. (2024). Clients’ race/ethnicity as a moderator of the relationship between the therapeutic alliance and treatment outcome. *International Journal for the Advancement of Counselling, 46,* 219-241*.* https://doi.org/10.1007/s10447-024-09546-3 |
|  | Powless, M. D., Wilkins-Yel, K. G., Li, Y., Lau, P. L., Cheng, J., Wong, Y. J., & Biggers, M. (2024). “[He] gave me a 30-minute lecture on how I was a shitty grad student”: Examining how male faculty can eradicate systemic oppression and support women in STEM. *Journal of Diversity in Higher Education, 17*(1), 81–95. https://doi.org/10.1037/dhe0000393 |
|  | Byrd, K. A.D., Lohrmann, D.K., Obeng, C., Agley, J., Cate, B., Wong, Y. J., Wright, B., & Nolting, T. (2023). Coping with community violence: Perspectives of African American young adult men and Hispanic/Latino young adult men. Advance online publication. <https://doi.org/10.1177/08862605231197783> |
|  | Klann, E. M., & Wong, Y. J. (2023). Pregnancy decision making for women with mental health conditions: The Roles of distress, lay beliefs, and self-efficacy. *Psychology of Women Quarterly, 47*(4), 547-561. https://doi.org/10.1177/03616843231191505 |
|  | Valentine, J. C., & Wong, Y. J. (2023). The sum of it all: Meta-analyses and metasyntheses in the psychology of men and masculinities. *Psychology of Men & Masculinities, 24*(4), 269–271. https://doi.org/10.1037/men0000455 |
|  | Wong, Y. J. (2023). The Catalyst Model of Change: Gratitude interventions with positive, long-term effects. *Affective Science, 4*(1), 152-162. https://doi.org*/*10.1007/s42761-022-00136-3 |
|  | Tang, H., Liu, Z., Wong, Y. J., Wang, S.-Y., Datu, J. A. D., Zhang, Z., & Qiang, X., (2023). The psychometric properties of the Chinese version of the Encouragement Character Strength Scale in selected undergraduate students and teachers. *Journal of Personality Assessment, 105*(3), 314-328. https://doi.org*/*10.1080/00223891.2022.2090368 |
|  | Li, P. F. J., Wong, Y. J., McCullough, K. M., Jin, L., & Wang, C.-C. (2022). Existential Meaninglessness Scales: Scale development  and psychometric properties. *Journal of Humanistic Psychology.* Advance online publication. https://doi.org/10.1177/00221678211072450 |
|  | Wong, Y. J., & Wang, S.-Y. (2022). Toward an integrative psychology of masculinities. *Psychology of Men & Masculinities, 23*(3), 285–298. https://doi.org/10.1037/men0000387 |
|  | Wong, Y. J., Deng, K., & Li, Y. (2022). “Please forgive me:” Asian and Pacific Islander Americans’ suicide notes. Asian American Journal of Psychology, 13(2), 158–167. [https://doi.org/10.1037/aap0000234](https://psycnet.apa.org/doi/10.1037/aap0000234) |
|  | Wong, Y. J., McDermott, R. C., Zounlome, N. O. O., Klann, E. M., & Peterson, Z. D. (2022). Self-persuasion: An experimental evaluation of a sexual aggression preventive intervention for U.S. college men. *Journal of Interpersonal Violence, 37*(5-6), 2037-2061.https://doi.org/10.1177/0886260520936369 |
|  | Gabana, N. T., Wong, Y. J., D’Addario, A., & Chow, G. (2022). The Athlete Gratitude Group (TAGG): Effects of coach participation in a positive psychology intervention with youth athletes. *Journal of Applied Sport Psychology, 34(2),* 229-250. <https://doi.org/10.1080/10413200.2020.1809551> |
|  | Wong, Y. J. (2022). Psychology of men and masculinities: The journal of big ideas [Editorial]. *Psychology of Men & Masculinities*, *23*(1), 1–3. https://doi.org/10.1037/men0000376 |
|  | Shea, M., & Wong, Y. J. (2022). A two-way street: Immigrants’ mental health challenges, resilience, and contributions. *One Earth, 5(*8*),* 845-848. <https://doi.org/10.1016/j.oneear.2022.07.010> |
|  | Deng, K., Wong, Y. J., Li, P. F. J., McCullough, K. M., & Wang, S. Y. (2022). Dialectical coping among Chinese college students. *Counselling Psychology Quarterly, 35*(2), 363-380. https://doi.org/10.1080/09515070.2020.1783641 |
|  | McDermott, R. C., Brasil, K. M., Wong, Y. J., Barinas, J. L., & Berry, A. T. (2022). Men’s masculinity contingency and social anxiety symptomology in higher education: The moderating role of depressive symptoms. *Psychology of Men & Masculinities, 23*(2), 265–270. https://doi.org/10.1037/men0000390 |
|  | Li, P. F. J., Wong, Y. J., Granderson, R., & Jackson, D. (2022). Comprehension, purpose, and mattering? A latent profile analysis of laypeople’s beliefs about meaning in life*. Journal of Positive Psychology, 17*(6), 909-923. <https://doi.org/10.1080/17439760.2021.1991445> |
|  | Cheng, H. L., Wong, Y. J., Li, P. J., & McDermott, R. C. (2022). COVID-19 racism, anxiety, and racial/ethnic attitudes among Asian American college students. *Counselling Psychology Quarterly*, *35*(4), 897-920. https://doi.org/10.1080/09515070.2021.1988514 |
|  | Li, P. F. J., Wong, Y. J., & McDermott, R. C. (2021). Examining Nietzsche’s epigram: Having a why helps you bear almost any how? *Journal of Humanistic Psychology.* Advance online publication. [https://doi.org/10.1177/00221678211041828](https://doi.org/10.1177%2F00221678211041828) |
|  | Li, P. F. J., & Wong, Y. J. (2021). Strength-Centered Therapy: A positive and culturally flexible therapeutic approach*. Asia Pacific Journal of Counselling and Psychotherapy, 12*(2)*,* 154-169.  <https://doi.org/10.1080/21507686.2021.1925313> |
|  | Cheng, H.-L., Kim, H. Y., Reynolds, J. D., Tsong, Y., & Wong, Y. J. (2021). [3rd, 4th, and 5th authors contributed equally to the article] COVID-19 anti-Asian racism: A tripartite model of collective psychosocial resilience. *American Psychologist, 76*(4), 627–642. [https://doi.org/10.1037/amp0000808](https://psycnet.apa.org/doi/10.1037/amp0000808) |
|  | Wong, Y. J., & McCullough, K. M. (2021). [feature article of the June 2021 issue] The intersectional prototypicality model: Understanding the discriminatory experiences of Asian American women and men. *Asian*  *American Journal of Psychology, 12*(2), 87–99. [https://doi.org/10.1037/aap0000208](https://psycnet.apa.org/doi/10.1037/aap0000208) |
|  | Zounlome, N. O. O., Wong, Y. J., Klann, E. M., & David, J. L. (2021). ‘I'm already seen as a sexual predator from saying hello’: Black men's perception of sexual violence*.* *Journal of Interpersonal Violence, 36*(19-20), NP10809-NP10830. [https://doi.org/10.1177/0886260519877942](https://doi.org/10.1177%2F0886260519877942) |
|  | Li, P. F. J., Wong, Y. J., McDermott, R., Cheng, H., & Ruser, J. B. (2021). U.S. college students’ lay beliefs about hope: A mixed-methods study. *Journal of Positive Psychology*, *16*(2), 249-262. <https://doi.org/10.1080/17439760.2019.1689420> |
|  | McCullough, K. M., Wong, Y. J., & Deng, K. (2021). Exploring the connections between watching Asian American YouTubers, racial identity, and self-esteem. *Asian American Journal of Psychology, 12*(1), 41–51. [https://doi.org/10.1037/aap0000218](https://psycnet.apa.org/doi/10.1037/aap0000218) |
|  | Wang, L., Lin, H.-C., & Wong, Y. J. (2021). Racial discrimination on the change of suicide risk among ethnic minorities in the United States. *Ethnicity and Health, 26(5),* 631-645. doi: https://doi.org/10.1080/13557858.2018.1557117 |
|  | Tang, H., Huo, Z., Liu, C., Liu, Z., & Wong, Y. J. (2021). The psychometric properties of the Academic Encouragement Scale among Chinese university students. *Journal of Psychoeducational Assessment, 39*(2), 258-263. https://doi.org/10.1177/0734282920966821 |
|  | Li, P. F. J., & Wong, Y. J. (2020). Beliefs in free will versus determinism: The mediating role of search for meaning between life schemes and depressive symptoms. *Journal of Humanistic Psychology.* Advance online publication. <https://doi.org/10.1177/0022167820933719> |
|  | Wang, L., Wong, Y. J., Ko, S.-J. S., Deng, K., & Chung, Y. B. (2020). “I am very proud to be Taiwanese”: Taiwanese internationals’ experience of race, ethnicity, and nationality in the United States. Asian American Journal of Psychology, *11*(4), 199–210. [https://doi.org/10.1037/aap0000179](https://psycnet.apa.org/doi/10.1037/aap0000179" \t "_blank) |
|  | McDermott, R. C., Berry, A., Borgogna, N. C., Cheng, H.-L., Wong, Y. J., & Carr, N. (2020). Revisiting the paradox of hope: The role of discrimination among first year Black college students*.* *Journal of Counseling Psychology*, 67(5), 637–644. [https://doi.org/10.1037/cou0000422](https://psycnet.apa.org/doi/10.1037/cou0000422) |
|  | Liu, H., Wong, Y. J., Goodrich Mitts, N., Li, P. F. J., & Cheng, J. (2020). Phenomenological study of East Asian international students’ experience of counseling. *International Journal for the Advancement of Counselling, 42*(3)*,* 269-291. https://doi.org/10.1007/s10447-020-09399-6 |
|  | Wong, Y. J., Granderson, R. M., Zounlome, N. O. O., McCullough, K. M., Hyman, J. E., & Schwabe, S. B. (2020). The assessment of subjective masculine norms in the United States. *Psychology of Men and Masculinities, 21*(4), *545-557.* [https://doi.org/10.1037/men0000254](https://psycnet.apa.org/doi/10.1037/men0000254" \t "_blank) |
|  | Lee, C. S., & Wong, Y. J. (2020). Racial/ethnic and gender differences in the antecedents of youth suicide. *Cultural Diversity and Ethnic Minority Psychology*, *26*(4), 532-543. [https://doi.org/10.1037/cdp0000326](https://psycnet.apa.org/doi/10.1037/cdp0000326) |
|  | Wong, Y. J., Zounlome, N. O. O., Goodrich Mitts, N., & Murphy, E. (2020). You can do it! An experimental evaluation of an encouragement intervention for female students. *Journal of Positive Psychology, 15,* 427-437. <https://doi.org/10.1080/17439760.2019.1651887> |
|  | Wang, M.-C., Wong, Y. J., Nyutu, P., & Fu, C.-C. (2020). Suicidality protective factors among Black college students: Which cultural and personal resources matter? *Journal of Multicultural Counseling and Development, 48(4),* 257-270. <https://doi.org/10.1002/jmcd.12198> |
|  | Klann, E. M., & Wong, Y. J. (2020). A pregnancy decision-making: Psychological, relational, and cultural factors affecting unintended pregnancy. *Psychology of Women Quarterly, 44,* 170-186. 10. 1177/ 0361 6843 20904321 |
|  | Shin, M., Wong, Y. J., Yancura, L., & Hsu, K. (2020). Thanks, Mom and Dad! An experimental study of gratitude letter writing for Asian and White American emerging adults. *Counselling Psychology Quarterly, 33,* 267-268. doi: <https://doi.org/10.1080/09515070.2018.1542519> |
|  | Chan, S. L., Lau, P. L., & Wong, Y. J. (2020). I am still able to contribute to someone less fortunate: A phenomenological analysis among young adults’ personal healing from major depression. *International Journal for the Advancement of Counselling, 42, 97-111*. <https://doi.org/10.1007/s10447-019-09387-5> |
|  | McCullough, K. M., Wong, Y. J., & Stevenson, N. J. (2020). Female video game players and the protective effect of feminist identity against internalized misogyny*.* *Sex Roles, 82,* 266-276. https://doi.org/10.1007/s11199-019-01055-7 |
|  | Cheng, H.-L., McDermott, R. C., Wong, Y. J., & McCullough, K. M. (2020). Perceived discrimination and academic distress among Latino college students: A cross-lagged longitudinal investigation*. Journal of Counseling Psychology*, 67, 401–408. http://dx.doi.org/10.1037/cou0000397 |
|  | Lau, P. L., Wilkins-Yel, K. G., & Wong, Y. J. (2020). Examining the indirect effects of self-concept on work readiness through resilience and career calling*. Journal of Career Development, 47* (5), 551-564.  <https://doi.org/10.1177/0894845319847288> [2nd and 3rd authors contributed equally] |
|  | * Gabana, N. T., D’Addario, A., Luzzeri, M., Soendergaard, S., & Wong, Y. J (2019). Examining the relationship between gratitude, spiritual and religious identification among collegiate athletes. *Journal of Clinical Sport Psychology, 14*(2), 203-219*.* 10.1123/jcsp.2018-0068 |
|  | * Wong, Y. J., Cheng, H.-L., McDermott, R., Deng, K., & McCullough, K. M. (2019). I believe in you! Measuring the experience of encouragement using the Academic Encouragement Scale. *Journal of Positive Psychology, 14,* 820-828. <https://doi.org/10.1080/17439760.2019.1579357> |
|  | * Wong, Y. J., Shea, M., Wang, S.-Y., & Cheng, J. (2019). The Encouragement Character Strength Scale: Scale development and psychometric properties. *Journal of Counseling Psychology, 66,* 362-374. [https://doi.org/10.1037/cou0000334](https://psycnet.apa.org/doi/10.1037/cou0000334) |
|  | * Wong, Y. J. (2019). Response: Gratitude contagion: On becoming a gratitude researcher, *Journal of Psychology and Christianity*, *38,* 212-214. [invited article] |
|  | * Shea, M., Wong, Y. J., Nguyen, K. K., & Gonzalez, P. D. (2019). College students’ barriers to seeking mental health counseling: Scale development and psychometric evaluation. *Journal of Counseling Psychology, 66,* 625-639. [https://doi.org/10.1037/cou0000356](https://psycnet.apa.org/doi/10.1037/cou0000356) |
|  | * Zounlome, N. O. O., Wong, Y. J., Klann, E. M., David, J. L., & Stephens, N. J. (2019). ‘No one…saves Black girls’: Black university women’s understanding of sexual violence. *The Counseling Psychologist*, *47*, 873-908. [https://doi.org/10.1177/0011000019893654](https://doi.org/10.1177%2F0011000019893654) [Awarded the 2020 TCP Outstanding Student Paper Award] |
|  | * Zounlome, N. O., & Wong, Y. J. (2019). Addressing male-targeted university sexual aggression: An experimental evaluation of a social norms approach. *Psychology of Men and Masculinities, 20,* 528-540*.* http://dx.doi.org/10.1037/men0000181 |
|  | * Li, P. F. J., Wong, Y. J, & Cawthra, J. (2019). I’d like to have all the characteristics of a hero: A Case Study of Strength-Centered Therapy. *Clinical Case Studies, 18,* 200-219*.* doi: 10.1177/1534650119837353 |
|  | * Li, P. F. J., Wong, Y. J., Chao, R. C.-L. (2019). Happiness and meaning in life: unique, differential, and indirect effects on mental health*.* *Counselling Psychology Quarterly, 32,* 396-414. doi: [10.1080/09515070.2019.1604493](https://doi.org/10.1080/09515070.2019.1604493) |
|  | * Gabana, N. T., Steinfeldt, J. A., Wong, Y. J., Chung, Y. B., & Svetina, D. (2019). Attitude of gratitude: Exploring the implementation of a gratitude intervention with college athletes. *Journal of Applied Sport Psychology, 31,* 273-284. doi: 10.1080/10413200.2018.1498956 |
|  | Wong, Y. J., Wang, S.-Y., & Klann, E. M. (2018). The emperor with no clothes: A critique of collectivism and individualism. *Archives of Scientific Psychology*, *6,* 251-260. doi: http://dx.doi.org/10.1037/arc0000059 |
|  | Wong, Y. J., Deng, K., Lee, C. S., Grimes, J., & Li, P. F. J. (2018). Asian Pacific Islander Americans’ and White Americans’ suicide methods. *Asian American Journal of Psychology, 9,* 318-326. doi: http://dx.doi.org/10.1037/aap0000127 |
|  | Wong, Y. J., Owen, J., Gabana, N., Brown, J. McInnis, S., Toth, P., & Gilman, L. (2018). Does gratitude writing improve the mental health of psychotherapy clients? Evidence from a randomized controlled trial. *Psychotherapy Research, 28*, 192-202.doi:10.1080/10503307.2016.1169332 |
|  | Wong, Y. J., Wang, S.-Y., & Farmer, S. B. (2018). The dynamic paradigm of ethnic culture: Variations across context, time, and meaning. *The Counseling Psychologist, 46,* 549-575.doi: 10.1177/0011000018780302 |
|  | Lorah, J. A., & Wong, Y. J. (2018). Contemporary applications of moderation analysis in counseling psychology*.* *Journal of Counseling Psychology, 65, 629-640*.doi: http://dx.doi.org/10.1037/cou0000290 |
|  | Lester, J. N., Wong, Y. J., O’Reilly, M. J., & Kiyimba, N. (2018). Discursive psychology: Implications for counseling psychology. *The Counseling Psychologist, 46,* 576-607.doi: <https://doi.org/10.1177/0011000018780462> |
|  | Klann, E. M., Wong, Y. J., & Rydell, R. J. (2018). Firm father figures: A moderated mediation model of perceived authoritarianism and the intergenerational transmission of gender messages from fathers to sons. *Journal of Counseling Psychology, 65,* 500-511. doi: http://dx.doi.org/10.1037/cou0000296 |
|  | Liu, T., Wong, Y. J., Iwamoto, D. K., Goodrich Mitts, N., & Maffini, C. S. 2018). Gendered Racism Scales for Asian American Men: Scale development and validation. *Journal of Counseling Psychology, 65,* 556-570. http://dx.doi.org/10.1037/cou0000298 |
|  | Wang, S.-Y., Wong, Y. J., Yeh, K. H., & Wang, L. (2018). What makes a meaningful life? Examining the effects of interpersonal harmony, dialectical coping, and nonattachment. *Asian Journal of Social Psychology, 21,* 198-204.<https://doi.org/10.1111/ajsp.12212> |
|  | Wang, L., Wong, Y. J., & Chung, Y. B. (2018)*.* Family perfectionism, shame, and mental health among Asian American and Asian international college students: Mediating and moderating relationships. *Asian American Journal of Psychology, 9,* 117-126. http://dx.doi.org/10.1037/aap0000098 |
|  | Liu, T., & Wong, Y. J. (2018). The intersection of race and gender: Asian American men's experience of discrimination*. Psychology of Men and Masculinity, 19,* 89-101. doi: [10.1037/men0000084](http://psycnet.apa.org/doi/10.1037/men0000084) |
|  | Wong, Y. J., McKean Blackwell, N., Goodrich Mitts, N., Gabana, N., & Li, Y. (2017). Giving thanks together: A preliminary evaluation of the Gratitude Group Program*. Practice Innovations, 2,* 243-257*.* doi: http://dx.doi.org/10.1037/pri0000058 |
|  | Chang, T. K., Wong, Y. J., Liu, T., & Tran, K. K. (2017). Asian American female college students’ subjective femininity perceptions: Utilizing a mixed-methods approach. *Journal of Multicultural Counseling and Development, 45,* 260-275. |
|  | Shea, M., Wong, Y. J., Nguyen, K. K., Baghdasarian, S. (2017). College women’s subjective femininity stress, gender solidarity, and help-seeking intentions. *The Counseling Psychologist, 45,* 326-352.  doi: <https://doi.org/10.1177/0011000017701820> |
|  | McDermott, R. C., Cheng, H.-L., Wong, Y. J., Booth, N., Jones, Z., & Sevig, T. (2017). Hope for help-seeking: Exploring a positive psychology perspective of college students’ psychological help-seeking intentions. *The Counseling Psychologist, 45,* 237-265.doi: 0011000017693398 |
|  | Gabana,N. T., Steinfeldt, J. A., Wong, Y. J., & Chung, Y. B. (2017). Gratitude, burnout, and sport satisfaction among college student-athletes: The mediating role of perceived social support. *Journal of Clinical Sport Psychology, 11*, 14-33. doi: <http://dx.doi.org/10.1123/jcsp.2016-0011> |
|  | Wong, Y. J., Ho, R., M., Wang, S.-Y., & Miller, I. S. K. (2017). Meta-analyses of the relationships between conformity to masculine norms and mental health-related outcomes. *Journal of Counseling Psychology, 64,* 80-93.  http://dx.doi.org/10.1037/cou0000176 |
|  | Wong, Y. J., Burkley, M., Bell, A. C., Wang, S.-Y., & Klann, E. M. (2017). Manly to the core: Measuring men’s implicit masculine self-concept via the Semantic Misattribution Procedure. *Personality and Individual Differences, 104,* 320-325. doi: 10.1016/j.paid.2016.08.026 |
|  | Wong, Y. J., Gabana, N. T., Zounlome, N., Goodrich, N., & Lucas, M. (2017). Cognitive correlates of gratitude among prison inmates. *Personality & Individual Differences, 107,* 208-211*.* 10.1016/j.paid.2016.11.043 |
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|  | Wong, Y. J. (2009). Open Source. In S. J. Lopez (Eds.), *The Encyclopedia of*  *Positive Psychology* (pp. 651-654)*.* Boston, MA: Blackwell Publishing. |
|  | Wong, Y. J., & Rochlen, A. B. (2008). Re-envisioning men’s emotional lives: Stereotypes, struggles, and strengths. In S. J. Lopez (Eds.), *Positive psychology: Exploring the best in people*. (pp. 149-165). Westport, CT: Greenwood Publishing Company. |

***Books***

Wong, Y. J., & Wester, S. R. (Eds.). (2016). *APA Handbook of men and masculinities.* Washington DC: APA.

Levant, R. F., & Wong, Y. J. (Eds.). (2017). *Psychology of Men and Masculinities.* Washington DC: APA.

**MANUSCRIPTS UNDER REVIEW**

1. Wong, Y. J., Li, P. F. J., Cheng, H.-L., McDermott, R. C. (under review.) The Anatomy of encouragement: Addressing the *what, why, when, for whom,* and *who* of encouragement messages. [Manuscript submitted for publication.]
2. Wong, Y. J., Pandelios, A. L., Cho, N., Brase, B. E., & Schaefer, S. C. (under review). A multitude of activities: Evaluating a gratitude intervention in a naturalistic setting. [Manuscript submitted for publication.]
3. Wong, Y. J., Cauble, M. R., Davis, D. E., Pandelios, A. L., Li, P. F. J., & Cho, N. (under review). Words and action: Measuring interpersonal expressions of gratitude. [Manuscript submitted for publication.]
4. Wong, Y. J., Cheng, H.-L., Pérez-Rojas, A. E., Kang, J., & Koch, J. M. (under review). Cross-racial microaffirmations: Conceptual foundations and practical applications. [Manuscript submitted for publication.]
5. Wong, Y. J., Kang, J., Ng, W., & Tao, K. (under review). Multicultural and social justice perspectives on virtues in psychotherapy. [Manuscript submitted for publication.]
6. Pandelios, A. L., & Wong, Y. J. (under review). Gratitude in context: Proposing the Dyadic Process Model of Interpersonal Gratitude. [Manuscript submitted for publication.]
7. Zounlome, N. O. O., & Wong, Y. J. (under review). An experimental evaluation of a Black encouragement & empowerment intervention for university students. [Manuscript submitted for publication.]
8. Wang, S. Y., Wong, Y. J., & DeMarree, K. (under review). Seeing the good and bad in one’s culture: Examining the construct of cultural complexity. [Manuscript submitted for publication.]
9. Klann, E. M., Wong, Y.J., & Dyer, R. L. (under review). “If I can’t take care of myself then why should I have a child?”: Women’s lay beliefs about mental health and unintended pregnancy. [Manuscript submitted for publication.]

**KEYNOTE ADDRESSES/ INVITED CONFERENCE TALKS**

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|  | Wong, Y. J. (2023, April 19). *Fostering mattering: Addressing discrimination by omission* [keynote address]. Department of Psychiatry & Behavioral Sciences, University of Minnesota Medical School. |
|  | Wong, Y. J. (2023, April). *Leading with cultural humility* [keynote address].Diversity Leadership Certification Program. Indiana University Bloomington. |
|  | Wong, Y. J. (2021, September). *Fostering mattering: Addressing discrimination by omission* [keynote address]. Dennis H. May Conference for Diversity Issues and the Role of Counseling Centers [online]. University of Illinois at Urbana-Champaign. |
|  | Wong, Y. J. (2020, November). *Harnessing the power of encouragement during the COVID-19 Pandemic* [keynote address].International Seminar on Counselling and Well-Being, Kuala Lumpur, Malaysia [online]. |
|  | Wong, Y. J. (2011, October). *Five proposed research paradigms for the psychology of men of color* [invited talk]*.* 11th Diversity Challenge, Boston, MA. |

**CONFERENCE PRESENTATIONS**

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|  | Wong, Y. J. (2023, April 21). *Confronting anti-Asian racism and marginalization.* Indiana University Asian American Studies Symposium. |
|  | Wong, Y. J. (2022, August 4-6). Mattering: Addressing the intersection of racial justice and positive psychology. In E. J. Choe (Chair). *Positive psychology in a multicultural world: Holistic approaches to promote human flourishing.* [Symposium]. American Psychological Association Annual Convention. |
|  | Wong, Y. J., & Wang, S. Y. (2022, August 4-6). Toward an integrative psychology of masculinities. In R. F. Levant (Chair). *Recent theoretical advances in the psychology of men and masculinities.* [Symposium]. American Psychological Association Annual Convention. |
|  | Kang, J., Ng, W., Tao, K., & Wong, Y. J. (2022, August 4-6). *Multicultural and social justice perspectives on virtues in psychotherapy*. [Poster Presentation]. American Psychological Association Annual Convention. |
|  | Pandelois, A., Park, J. Y., Peng, J., Thielmeyer, A., Owen, J., Gilman, L., & Wong, Y. J. (2022, August 4-6). *Giving thanks together: Investigating the effectiveness of the Gratitude Group Program* [Poster Presentation]. American Psychological Association Annual Convention. |
|  | Deng, K., Li, Y., & Wong, Y. J. (2022, August 4-6). “*Please forgive me:” Asian and Pacific Islander Americans’ suicide notes.* [Poster Presentation]. American Psychological Association Annual Convention. |
|  | Wong, Y. J., McDermott, R. C., Zounlome, N. O. O., Klann, E. M., & Peterson, Z. D. (2021, August 12-14). Self-persuasion: Preventing sexual aggression among male college students. In Y. J. Wong (Chair). *Beyond therapy: Innovative social justice interventions led by counseling psychologists* [Symposium]. American Psychological Association Annual Convention. |
|  | Zounlome, O. O., Wong, Y. J., Li, Y., & Matthias, H. (2021, August 12-14). Intersectionally informed: An encouragement intervention for Black university students. In Y. J. Wong (Chair). *Beyond therapy: Innovative social justice interventions led by counseling psychologists* [Symposium]. American Psychological Association Annual Convention. |
|  | Wong, Y. J., & McCullough, K. M., (2021, August 12-14). The Intersectional Prototypicality Model: Men of color’s experiences of discrimination. In R. F. Levant (Chair). *Recent advances in research in the psychology of men and masculinities* [Symposium]. American Psychological Association Annual Convention. |
|  | Wang, S. Y., & Wong, Y. J. (2021, August 12-14). Chinese indigenous strengths: Lessons from Confucianism, Taoism, and Buddhism. In S. J. Sandage & D. M. Goodman (Chairs). *Diverse perspectives on religion, virtue, and flourishing in clinical practice* [Symposium]. American Psychological Association Annual Convention. |
|  | Tsai, P.-C., Wong, Y. J., Wang, S.-Y., Li, Y. (2021, August 12-14). *Development and validation of a supervisory encouragement scale* [Poster presentation]*.* American Psychological Association Annual Convention. |
|  | Li, P. F. J., & Wong, Y. J. (2021, August). *Laypeople versus the tripartite perspectives: A latent profile analysis of laypeople’s beliefs about meaning in life*. Poster presentation at the 11th Biennial International Meaning Conference. |
|  | Li, P. F. J., Wong, Y. J., Laskowski, L. R., & Cearing, C. C. (2021, August 12-14). *Proposing a self-help workbook approach to promoting purpose in life.* Poster presentation at the annual convention of the American Psychological Association. |
|  | Li, P. F. J., & Wong, Y. J. (2021, August 12-14). *An integrated, multilevel personality and self-concordant framework to promoting purpose in life.* Poster presentation at the annual convention of the American Psychological Association. |
|  | Li, P. F. J., Wong, Y. J., & Chao, R. C.-L. (2021, July). *Happiness and meaning in life: Unique, differential, and indirect associations with mental health*. Poster presentation at the 7th International Positive Psychology Association World Congress. |
|  | Li, P. F. J., Wong, Y. J., & Cawthra, J. N. (2021, July). *I’d like to have all the characteristics of a hero: A case study of Strength-Centered Therapy*. Poster presentation at the 7th International Positive Psychology Association World Congress. |
|  | Li, P. F. J., Wong, Y. J., McCullough, K. M., Jin, L., & Wang, C. D. (2021,  February). *Existential Meaninglessness Scales: Scale development and*  *psychometric properties*. Poster presentation at the Existential Psychology  Preconference of the annual convention of Society of Personality and Social  Psychology. |
|  | Li, P. F. J., & Wong, Y. J. (2021, August). *Strength-Centered Therapy: A positive and culturally flexible therapeutic approach*. Poster presentation at the annual convention of the American Psychological Association. |
|  | Klann, E. M., Wong, Y. J., & Dyer, R. (2021, March) *Pregnancy decision-making for women with mental health conditions: A mixed methods approach.* Lightning Talk presented at the annual meeting of the Association of Women in Psychology. |
|  | McCullough, K. M., Wong, Y. J., & Stevenson, N. J. (2021, March). Female video game players and the protective effect of feminist identity against internalized misogyny.In J. A. Siegel (Chair), *Feminist Identity: Changing Times, Changing Directions.* Symposium conducted at the meeting of the Association for Women in Psychology, virtual conference. |
|  | Li, P. F. J., & Wong, Y. J. (2021, February). *Beliefs in free will versus determinism: Search for meaning mediates the life scheme–depressive symptom link*. Poster to be presented at the Existential Psychology Preconference of the annual convention of Society of Personality and Social Psychology. |
|  | Li, P. F. J., Wong, Y. J., & McDermott, R. (2020, August). *Having a why helps you bear any how: Resilience mediates purpose and pathways*. Poster presentation at the annual convention of American Psychological Association, Washington, DC. |
|  | Li, P. F. J., Wong, Y. J., McDermott, R., Cheng, H, & Ruser, J. (2020, August). *U.S. college students’ lay beliefs about hope: A mixed-methods study*. Poster presentation at the annual convention of American Psychological Association. |
|  | Li, P. F. J., Wong, Y. J., Granderson, R. M., & Jackson, D. (2020, August). *A latent profile analysis of laypeople’s beliefs about meaning in life*. Poster presentation at the annual convention of American Psychological Association. |
|  | Wong, Y. J., (2019, August). Endorsement of Subjective Masculine Norms Scale: A bottom-up approach to assessing masculinities. In R. Levant (Chair). *Recent advances in scale development in the psychology of men and masculinities.* Symposium conducted at the annual convention of the American Psychological Association, Chicago, IL. |
|  | Li, Y., McKean Blackwell, N., Goodrich Mitts, N., Gabana, N. T., & Wong, Y. J. (2019, August). Evaluating the Gratitude Group Program: The first known group program on cultivating gratitude. In Y. J. Wong (Chair). *Evaluating positive psychology interventions – New interventions, outcomes, and populations.* Symposium conducted at the annual convention of the American Psychological Association, Chicago, IL. |
|  | Wong, Y. J., Zounlome, N. O. O., Goodrich Mitts, N., & Murphy, E. (2019, August). You can do it! An experimental evaluation of an encouragement intervention for female students. In Y. J. Wong (Chair). *Evaluating positive psychology interventions – New interventions, outcomes, and populations.* Symposium conducted at the annual convention of the American Psychological Association, Chicago, IL. |
|  | Gabana, N. T., Wong, Y. J., D’Addario, A., & Chow, G. (2019, August). The Athlete Gratitude Group: Implementation of a positive psychology intervention in sport. In Y. J. Wong (Chair). *Evaluating positive psychology interventions – New interventions, outcomes, and populations.* Symposium conducted at the annual convention of the American Psychological Association, Chicago, IL. |
|  | McCullough, K. M., & Wong, Y. J. (2019, August). *Asian Americans and YouTube.* Poster presented at the American Psychological Association Annual Convention, Chicago, IL. |
|  | Wang, L., Ko, S.-J., Deng, K., Wong, Y. J., & Chung, Y. B. (2019, August). The lived experience of Taiwanese international individuals in the United States. Paper presented at the American Psychological Association Annual Convention, Chicago, IL. |
|  | Wang, S.-Y., Deng, K., & Wong, Y. J. (2019, August). *Seeing the good and bad in culture: An exploration of the construct of cultural complexity.* Poster presented at the American Psychological Association Annual Convention, Chicago, IL. |
|  | Shea, M.,Hyun, J., & Wong, Y. J. (2019, March). *Using encouragement in education and counseling:  Development and application of the Encouragement Character Strength Scale.* Oral presentation given at the Oxford Education Research Symposium, University of Oxford, Oxford, U.K. |
|  | Li, P. F., Grimes, J., Lee, C. S., Deng, K., & Wong, Y. J. (2018, August).  *Asian Pacific Islander Americans’ and White Americans’ suicide methods.* Poster presented at the American Psychological Association Annual Convention, San Francisco, CA. |
|  | McCullough, K. M., Stevenson, N., & Wong, Y. J. (2018, August). *The gendered consequences of video games for women: Exploring mediating and moderating relationships.* Poster presented at the American Psychological Association Annual Convention, San Francisco, CA. |
|  | Deng, K., McCullough, K., Wang, S. Y., & Wong, Y. J. (2018, August). *Dialectical coping among Asian American and Chinese college students.* Poster presented at the American Psychological Association Annual Convention, San Francisco, CA. |
|  | Deng, K., Li, J., Yang, S. T., Li, Y., & Wong, Y. J. (2018, Aug). *Mandarin-speaking individuals’ experiences with the Mandarin Gratitude Group Program.* Poster presented at the American Psychological Association Annual Convention, San Francisco, CA. |
|  | **Zounlome, N.O. O.,** Wong, Y. J., David, J., Klann, E. M., & Stephens, N. (2018, August). ‘I’m seen as a sexual predator from saying hello: Black males’ perception of sexual violence.Poster presented at the 2018 American Psychological Association Annual Convention, San Francisco, CA.​ |
|  | Shea, M., Wong, Y. J., & Lau, W.S. (2018, June). *Development of the Encouragement Character Strength Scale: Implications for Psychological and Community Well-Being*. Presentation conducted at the 16th annual meeting  of the International Society for Quality-of-Life Studies, Hong Kong. |
|  | Wong, Y. J. (2018, January). *How does it work? The science of gratitude counseling and clinical interventions.*Presentationconducted at the conference, Emerging Insights from the Science of Gratitude. Chapel Hill, NC. |
|  | Wong, Y. J. (2017, August). Measuring men’s implicit masculine self-concept using the Semantic Misattribution Procedure. In L. F. Levant (Chair). *Recent research in the psychology of men and masculinities using advanced methods.* Symposium conducted at the annual convention of the American Psychological Association, Washington, DC. |
|  | Cheng, H.-L, McDermott, R. C., Wong, Y. J., Rislin, J., Kim, H., & Portnoy, S. (2017, August). *Latino college students' academic distress: Longitudinal effects of discrimination and depression.* Poster presented at the annual convention of the American Psychological Association, Washington, DC. |
|  | Wang, S.-Y., & Wong, Y. J. (2017, August). *Relationship harmony and dialectical coping contribute to meaning in life.* Poster presented at the annual convention of the American Psychological Association, Washington, DC. |
|  | Wang, M.-C., Nyutu, P., Fu, C.-C., & Wong, Y. J. (2017, August). *The role of cultural and personal resources in suicide protection among Black college students.* Poster presented at the annual convention of the American Psychological Association, Washington, DC. |
|  | Klann, E. M., Wong, Y. J., Rydell, B. J. (2017, August). *The role of authoritarianism and the father--son relationship in men's developing gender attitudes.* Poster presented at the annual convention of the American Psychological Association, Washington, DC. |
|  | Liu, H., Goodrich Mitts, N., Cheng, J., Hong, S., K., M., Wong, Y. J. (2017, August). *A qualitative study about Asian international students' experience of counseling.* Poster presented at the annual convention of the American Psychological Association, Washington, DC. |
|  | Wang, S. Y., Wong, Y. J., Yeh, K.-H., & Wang, L. (2017, August). *Coping with dialecticism increases the co-occurrence of positive and negative affect*. Poster presented at the annual convention of the American Psychological Association, Washington, DC. |
|  | Wong, Y. J. (2017, August). The Tripartite Encouragement Model: Implications for research and practice. In Y. J. Wong (Chair). *The psychology of encouragement: New directions for research and practice.* Symposium conducted at the annual convention of the American Psychological Association, Washington, DC. |
|  | McCullough, K. M., Deng, K., McDermott, R. C., Cheng, H.-L., & Wong, Y. J. (2017, August). I believe in you: College students’ experience of receiving academic encouragement. In Y. J. Wong (Chair). *The psychology of encouragement: New directions for research and practice.* Symposium conducted at the annual convention of the American Psychological Association, Washington, DC. |
|  | Wang, S. Y., Shea, M., Cheng, J., Parker, J., & Wong, Y. J. (2017, August). The character strength of encouragement. In Y. J. Wong (Chair). *The psychology of encouragement: New directions for research and practice.* Symposium conducted at the annual convention of the American Psychological Association, Washington, DC. |
|  | Wang, L., Lin, H.-C., & Wong, Y. J. (2017, August). *Racial discrimination on the change of suicide risk among ethnic minorities in the United States*  Poster presented at the annual convention of the American Psychological Association, Washington, DC. |
|  | Wong, Y. J., (2017 August). (Chair.) *Giving thanks together – A gratitude group program.* Skill-build session conducted at the annual convention of the American Psychological Association, Washington, DC. |
|  | Wong, Y. J., Klann, E. M., & Liu, T. (2016, August). Three research paradigms for applying intersectionality to men of color. In Y. J. Wong (Chair). *Advances in the application of the intersectionality framework to men of color.* Symposium conducted at the annual convention of the American Psychological Association, Denver, CO. |
|  | Liu, T., Goodrich, N., Maffini, C., Iwamoto, D. K., & Wong, Y. J. (2016, August). Gendered Racism Scales for Asian American men: Scale development and validation. In Y. J. Wong (Chair). *Advances in the application of the intersectionality framework to men of color.* Symposium conducted at the annual convention of the American Psychological Association, Denver, CO. |
|  | Nguyen, C. P., Klann, E. M., Juang, L., Park, I., & Wong, Y. J., (2016, August). Asian American men’s and women’s ethnic identity, family ethnic socialization, and well-being. In Y. J. Wong (Chair). *Advances in the application of the intersectionality framework to men of color.* Symposium conducted at the annual convention of the American Psychological Association, Denver, CO. |
|  | Wong, Y. J., & Li, S. (2016, August). *Circumstances preceding suicide among Asian Americans: An 11-year analysis of data from the National Violent Death Reporting System*. Poster presented at the annual convention of the Asian American Psychological Association, Denver, CO. |
|  | Wong, Y. J., Owen, J., Gabana, N., Brown, J. McInnis, S., Toth, P., & Gilman, L. (2016, August). Does gratitude writing improve the mental health of psychotherapy clients? In Y. J. Wong (Chair). *Thanks! Advances in the psychology of gratitude.* Symposium conducted at the annual convention of the American Psychological Association, Denver, CO. |
|  | Shin, M., Zounlome, N., Hsu, K, Yancara, L., Wong, Y. J. (2016, August). *Thanks, Mom*: Gratitude letter writing for Asian and White Americans. In Y. J. Wong (Chair). *Thanks! Advances in the psychology of gratitude.* Symposium conducted at the annual convention of the American Psychological Association, Denver, CO. |
|  | Goodrich, N., Gabana, N., Zounlome, N., Lucas, M., & Wong, Y. J. (2016, August). Gratitude among prison inmates: cognitive antecedents and mental health outcomes. In Y. J. Wong (Chair). *Thanks! Advances in the psychology of gratitude.* Symposium conducted at the annual convention of the American Psychological Association, Denver, CO. |
|  | Gabana, N., Steinfeldt, J., Wong, Y. J., & Chung, Y. B. (2016, August). Gratitude, burnout, and sport satisfaction in student athletes. In Y. J. Wong (Chair). *Thanks! Advances in the psychology of gratitude.* Symposium conducted at the annual convention of the American Psychological Association, Denver, CO. |
|  | Zounlome, N., Wong, Y. J., & Rydell, R. J. (2016, August). *University sexual assault prevention: A social norms approach*. Poster presented at the annual convention of the American Psychological Association, Denver, CO. |
|  | Zounlome, N., Klann, E. M., Cheng, J., Stephens, N., & Wong, Y. J. (2016, August). *Sexual assault prevention and education: A culturally tailored approach.* Poster presented at the annual convention of the American Psychological Association, Denver, CO. |
|  | Wong, Y. J., (2016, August). *The Pygmalion effect: Counseling psychologists as encouragers.* Fellow address at the annual convention of the American Psychological Association, Denver, CO. |
|  | Wong, Y. J., (2016, August). *The ubiquity of masculinities: Implications for pretty much everything in life.* Fellow address at the annual convention of the American Psychological Association, Denver, CO. |
|  | Klann, E. M., Rydell, R. J., & Wong, Y. J. (2016, August). *Religious and parental determinants of women’s gender attitudes and experiences.* Poster presented at the annual convention of the American Psychological Association, Denver, CO. |
|  | Gabana, N. T., Blackwell, N., Goodrich, N., Li, Y., & Wong, Y. J. (2016, April). *The Gratitude Group Program: Practicing gratitude together.* Experiential session conducted at the Great Lakes Conference, Bloomington, IN. |
|  | Wong, A., Wong, Y. J., & Obeng, C. (2016, April). *Parenting attitudes among six major Asian American ethnic groups: A nationally representative study.* Poster presented at the Great Lakes Conference, Bloomington, IN. |
|  | Liu, H., Goodrich, N., Cheng, J., & Wong, Y. J. (2016, April). *Asian international students’ experience of counseling.* Poster presented at the Great Lakes Conference, Bloomington, IN. |
|  | McKinney, H., Bentley, H., & Donovan, A., Bell, A. C., Burkley, M., Wong, Y. J. (2015, March). *Testing the validity and reliability of the masculinity contingency scale (MCS).* Poster presentation at the meeting of the Oklahoma Psychological Society Conference, Edmond, OK. |
|  | Jones, C., Dowell, J., Jackson, J., Bell, A. C., Burkley, M., Wong, Y. J. (2015, March). *Development of the masculinity contingency scale (MCS).* Poster presentation at the meeting of the Oklahoma Psychological Society conference, Edmond, OK. |
|  | Wong, Y. J., Kim, B., Nguyen, C., Cheng, J., Saw, A. (2015, August). Interpersonal shame: Philosophical, cultural, empirical, and clinical perspectives. In Y. J. Wong (Chair.). [*Beyond collectivism---The interface of culture and well-being*](javascript:WebForm_DoPostBackWithOptions(new%20WebForm_PostBackOptions(%22gridViewResultSession$ctl02$linkButtonSessionTitle%22,%20%22%22,%20true,%20%22%22,%20%22%22,%20false,%20true)))*.* Symposium conducted at the meeting of the American Psychological Association, Toronto, Canada. |
|  | Wang, S.-Y., Wong, Y. J. (2015, August). Confucianism, Taoism, and Buddhism: Competing visions of well-being. . In Y. J. Wong (Chair.). [*Beyond collectivism---The interface of culture and well-being*](javascript:WebForm_DoPostBackWithOptions(new%20WebForm_PostBackOptions(%22gridViewResultSession$ctl02$linkButtonSessionTitle%22,%20%22%22,%20true,%20%22%22,%20%22%22,%20false,%20true)))*.* Symposium conducted at the meeting of the American Psychological Association, Toronto, Canada. |
|  | Liu, T., & Wong, Y. J., (2015, August). Dialecticism: Toward a yin-yang vision of well-being. In Y. J. Wong (Chair.). [*Beyond collectivism---The interface of culture and well-being*](javascript:WebForm_DoPostBackWithOptions(new%20WebForm_PostBackOptions(%22gridViewResultSession$ctl02$linkButtonSessionTitle%22,%20%22%22,%20true,%20%22%22,%20%22%22,%20false,%20true)))*.* Symposium conducted at the meeting of the American Psychological Association, Toronto, Canada. |
|  | Gomory, A., Ramos, E., Horn, A., & Wong, Y. J. (2015, August). Investigating men’s perceived inexpressive norms: Scale development and psychometric properties. In Y. J. Wong (Chair.). [*Social Norms Approaches to the Psychology of Men and Masculinities---Three Conceptual Paradigms*](javascript:WebForm_DoPostBackWithOptions(new%20WebForm_PostBackOptions(%22gridViewResultSession$ctl05$linkButtonSessionTitle%22,%20%22%22,%20true,%20%22%22,%20%22%22,%20false,%20true)))*.* Symposium conducted at the meeting of the American Psychological Association, Toronto, Canada. |
|  | Fisher, A., Wong, Y. J., Ho, Ringo, & Wang, S.-Y. (2015, August). Subjective masculine norms in Singapore: A mixed-methods study. In Y. J. Wong (Chair.). [*Social Norms Approaches to the Psychology of Men and Masculinities---Three Conceptual Paradigms*](javascript:WebForm_DoPostBackWithOptions(new%20WebForm_PostBackOptions(%22gridViewResultSession$ctl05$linkButtonSessionTitle%22,%20%22%22,%20true,%20%22%22,%20%22%22,%20false,%20true)))*.* Symposium conducted at the meeting of the American Psychological Association, Toronto, Canada. |
|  | Wang, S.-Y., Miller, I. S., K., Ho, R., & Wong, Y. J. (2015, August). Conformity to masculine norms and mental health-related outcomes: A meta-analysis. In Y. J. Wong (Chair.). [*Social Norms Approaches to the Psychology of Men and Masculinities---Three Conceptual Paradigms*](javascript:WebForm_DoPostBackWithOptions(new%20WebForm_PostBackOptions(%22gridViewResultSession$ctl05$linkButtonSessionTitle%22,%20%22%22,%20true,%20%22%22,%20%22%22,%20false,%20true)))*.* Symposium conducted at the meeting of the American Psychological Association, Toronto, Canada. |
|  | Wong, Y. J., Levant, R. F., Welsh, M., Zaitsoff, A. M., Garvin, M., King, D., … Cogan, R. (2015, August). Testing the causal effect of activating subjective masculinity experiences on self-esteem. In R. F. Levant (Chair.). [*Recent Methodological Advances in the Psychology of Men and Masculinity*](javascript:WebForm_DoPostBackWithOptions(new%20WebForm_PostBackOptions(%22gridViewResultSession$ctl04$linkButtonSessionTitle%22,%20%22%22,%20true,%20%22%22,%20%22%22,%20false,%20true)))*.* Symposium conducted at the meeting of the American Psychological Association, Toronto, Canada. |
|  | Klann, E., Barker, G., Heilman, B., Wong, Y. J., (2015, August). *Mental health benefits in gender equitable men: An international analysis.* Poster presented at the meeting of the American Psychological Association, Toronto, Canada. |
|  | Karakis, E. N., Levant, R. F., Wong, Y. J., Welsh, M. (2015, August). *Mediated moderation of the relationship between traditional masculinity ideology and alexithymia.* Poster presented at the meeting of the American Psychological Association, Toronto, Canada. |
|  | Shea, M., Wong, Y. J., Baghdasarian, S., and Nguyễn, K. (2015, April). *Women and help-seeking: Relationships among identity, stress and stigma.* Poster presented at the meeting of the Western Psychological Association, Las Vegas, NV. |
|  | Wong, Y. J. (2014, August). *Falling in love with science: Confessions of a counseling psychology researcher.* [Best in Science Address.] Invited address at the meeting of the American Psychological Association, Washington, D.C. |
|  | Wong, Y. J. (2014, August). I[ntersection of race, ethnicity, and masculinities: Progress, problems, and prospects](http://forms.apa.org/convention/viewabstract.cfm?id=2657). In R. F. Levant. (Chair.). *A new psychology of men: A 20-year perspective*. Symposium conducted at the meeting of the American Psychological Association, Washington, D.C. |
|  | Wong, Y. J., Tsai, P.-C., Liu, T., Zhu, Q., & Wei, M. (2014, August). [Male Asian international students’ psychological distress: Racial and gendered influences](http://forms.apa.org/convention/viewabstract.cfm?id=2432). In Y. J. Wong (Chair). [*The mental health of men of color: New directions for intersectionality research and practice*](http://forms.apa.org/convention/index.cfm?convention=Names&search=yes#6)*.* Symposium conducted at the meeting of the American Psychological Association, Washington, D.C. |
|  | Wong, Y. J., Wang, K. T., & Maffini, C. S. (2014, August). [Person x context cultural framework: Applications to Asian international student mental health](http://forms.apa.org/convention/viewabstract.cfm?id=3810). In Y. J. Wong (Chair). *Asian international students’ mental health: New directions, new paradigms.* Symposium conducted at the meeting of the American Psychological Association, Washington, D.C. |
|  | Wang, M.-C., Nyutu, P., Tran, K., Wong, Y. J., Spears, A., Bowie, S., & Cottrell, E. (2014, August). [*Suicide preventive factors in outpatient substance abuse clients*](http://forms.apa.org/convention/viewabstract.cfm?id=141905)*.* Poster presented at the meeting of the American Psychological Association, Washington, D.C. |
|  | Wong, Y. J. (2014, August). Asian Americans’ interpersonal shame and suicide ideation.In. Y. J. Wong (Chair). *Asian Americans' Suicide-Related Outcomes: New Paradigms, New Directions.* Symposium conducted at the meeting of the Asian American Psychological Association, Washington, D.C. |
|  | Swanbrow Becker, M., & Wong, Y. J. (2014, August). A mediation model of professional psychological help seeking for suicide ideation among Asian American and White American college students. In. Y. J. Wong (Chair). *Asian Americans' Suicide-Related Outcomes: New Paradigms, New Directions.* Symposium conducted at the meeting of the Asian American Psychological Association, Washington, D.C. |
|  | Tran, K., M., Horn, A., Liu, T., & Wong, Y. J. (2014, August). In their own words: A qualitative study of suicidal Asian American college students’ perceptions of protective factors. In. Y. J. Wong (Chair). *Asian Americans' Suicide-Related Outcomes: New paradigms, new directions.* Symposium conducted at the meeting of the Asian American Psychological Association, Washington, D.C. |
|  | Chang, T., Liu, T., & Wong, Y. J. (2014, August). *Asian American female college students’ subjective femininity perceptions: Utilizing a mixed-methods approach*. Poster presented at the meeting of the Asian American Psychological Association, Washington, D.C. |
|  | Lu, A., & Wong, Y. J. (2013, August). [*Stressful experiences of masculinity among U.S.-born and immigrant Latino American men*](http://convention2.allacademic.com/one/asa/asa13/index.php?click_key=1&cmd=Multi+Search+Search+Load+Publication&publication_id=648633&PHPSESSID=mh7u7ecg85piuei3vvt19k5mm7)*.* Paper presented at the meeting of the American Sociology Association: New York, NY. |
|  | Wang, Y.,Wang, K. T.,Wong, Y. J., & Fu, C. C. (2013, July). *Perfectionism and discrimination as suicidal risk factors among Asian international students.* Poster presentation at the meeting of the American Psychological Association: Honolulu, HI. |
|  | Chang, T. K., Tao, L., Vaughan, E. L., & Wong, Y. J. (2013, May). *Asian Americans’ proportion of life in the United States and suicide ideation: The moderating effects of ethnic subgroups.* Poster presentation at the meeting of the Midwestern Psychological Association Conference, Chicago, IL. |
|  | Horn, A. J. & Wong, Y. J. (2013, April). *Perceived Masculinity and Race.* Panelpresentation at the meeting of the American Men’s Studies Association Conference, Ann Arbor, MI. |
|  | Wong, Y. J. (2013, April). *The African American Men’s Gendered Racism Scale.* Panelpresentation at the meeting of the American Men’s Studies Association Conference, Ann Arbor, MI. |
|  | Maffini, C. S., & Wong, Y. J. (2012, August). *Predictors of Asian American delinquency and criminality in adolescence and early adulthood: A longitudinal study.* Poster presented at the meeting of the American Psychological Association, Washington, D.C. |
|  | Horn, A. J., Chen, S., & Wong, Y. J. (2012, March). *Stereotypes about African American men, Asian American men, and White American men: A qualitative analysis.* Poster presented at the Great Lakes Conference, Purdue, IN. |
|  | Wong, Y. J., & LaFollette, J. (2011, August). The s[ubjective gender experiences model: Implications for the study of masculinities](http://forms.apa.org/convention/viewabstract.cfm?id=2193). In Y. J. Wong, & M. Shea (Chairs). [*Subjective masculinity experiences--Theory, research, and practice*](http://forms.apa.org/convention/index.cfm?convention=Names&search=yes#3)*.*  Symposium conducted at the meeting of the American Psychological Association, Washington, D.C. |
|  | Wong, Y. J. & Steinfeldt, J. A. (2011, August). Multicultural training on American Indian issues: Testing the effectiveness of an intervention to change attitudes toward Native-theme mascots. In J. A. Steinfeldt (Chair). [*Multicultural training on American Indian issues: Testing the effectiveness of an intervention to change attitudes toward Native-themed mascots*](http://forms.apa.org/convention/viewabstract.cfm?id=1012)*.* Symposium conducted at the meeting of the American Psychological Association, Washington, D.C. |
|  | Li, P., Wong, Y. J., & Toth, P. (2011, August). *Asian international students’ willingness to seek mental health counseling: A mixed-method study.* Poster presented at the meeting of the American Psychological Association, Washington, D.C. |
|  | Wong, Y. J., & Shea, M. (2011, August). The relationship between conformity to masculine norms and psychological distress in Asian vs. non-Asian American men: A latent class regression analysis. In Y. J. Wong (Chair). *Asian American men and masculinity: New directions for research and practice.* Symposium conducted at the meeting of the Asian American Psychological Association, Washington, D.C. |
|  | Tran, K., Higgins, C., Collins, D. L., & Wong, Y. J. (2011, August). Asian American male college students’ perceptions of people’s stereotypes about Asian American men. In Y. J. Wong (Chair). *Asian American men and masculinity: New directions for research and practice.* Symposium conducted at the meeting of the Asian American Psychological Association, Washington, D.C. |
|  | Nguyen, C. P., Chen, W., Wang, S., & Wong, Y. J. (2011, August). *Profiles of Asian American men and women’s Asian values: A latent class cluster analysis.* Poster presented at the meeting of the Asian American Psychological Association, Washington, D.C. |
|  | Lu, A., & Wong, Y. J. (2011, August). [*Stressful Experiences of Masculinity among Asian and Asian American Men*](http://convention2.allacademic.com/one/asa/asa11/index.php?click_key=1&cmd=Multi+Search+Search+Load+Publication&publication_id=504749&PHPSESSID=hlurpjjgrhg8meb5d2f02juhd1)*.* Paper presented at the meeting of the American Sociology Association, Las Vegas, NV. |
|  | Wong, Y. J. (2011, July). *Asian values and well-being: Multidimensional and contextual perspectives.* Paper presented at the meeting of the International Academy for Intercultural Research, Singapore. |
|  | Hickman, S. J., & Wong, Y. J. (2011, April). *The effect of religious priming on women’s subjective femininity experiences and stress.* Poster presented at the Great Lakes Conference, Bloomington, IN. |
|  | Hoag, J., Hagan, A., Steinfeldt, J. A., & Wong, Y. J. (2011, April). A contextual examination of gender role conflict among college football players. Poster presented at the Great Lakes Conference, Bloomington, IN. |
|  | Maffini, C. S., Wong, Y. J., & Shin, M. (2011, April). A Silent hurt: The impact of violent victimization among Asian American adolescents. Poster presented at the Great Lakes Conference, Bloomington, IN. |
|  | Wong, Y. J., & Maffini, C. S. (2010, August). Predictors of suicide-related outcomes among Asian American adolescents: A national longitudinal study. In Y. J. Wong (Chair.) *Suicide prevention in Asian American communities: New Directions in research and practice*. Symposium conducted at the meeting of the Asian American Psychological Association, San Diego, CA. |
|  | Tran, K. K., Koo, K., Chiu, Y.-C., & Wong, Y. J. (2010, August). Asian American college students' suicide ideation. In Y. J. Wong (Chair.) *Suicide prevention in Asian American communities: New Directions in research and practice*. Symposium conducted at the meeting of the Asian American Psychological Association, San Diego, CA. |
|  | Park, J., Kwok, C., Yan, Y., & Wong, Y. J. (2010, August). Content analysis of internet resources on Asian American suicide: Well-intentioned but potentially harmful? In Y. J. Wong (Chair.) *Suicide prevention in Asian American communities: New Directions in research and practice*. Symposium conducted at the meeting of the Asian American Psychological Association, San Diego, CA. |
|  | Shin, M., & Wong, Y. J. (2010, August). *The impact of Asian Americans' perceived parent-child cultural gaps on family conflicts and mental health.* Poster presented at the meeting of the Asian American Psychological Association, San Diego, CA. |
|  | Wong, Y. J. (2010, August). Suicide prevention in racial and ethnic minority communities. In Wong, Y. J. (Chair.) *New perspectives on suicide theory, research, and practice.* Symposium conducted at the meeting of the American Psychological Association, San Diego, CA. |
|  | Wong, Y. J. (2010, August). Suicide ideation among Asian American college students. In E. M. Obasi & N. J. Borges (Chairs). *Suicide research, treatment, and prevention – Addressing the complexity of a growing public health problem.* Symposium conducted at the meeting of the American Psychological Association, San Diego, CA. |
|  | Shea, M., Wong, Y. J., Jimmez, V., Castro, M., Wang, S., LaFollette, J.R., & Hickman, S.J. (2010, August). *Development of a Femininity Meaning-Making Test-Stress.* Poster presented at the meeting of the American Psychological Association, San Diego, CA. |
|  | Hickman, S.J., Shea, M., LaFollette, J.R., Cruz, N., & Boghokian, T., Wong, Y. J. (2010, August). *Development of the Masculinity Meaning-Making Test-Stress.* Poster presented at meeting of the American Psychological Association, San Diego, CA. |
|  | Collin, D., Higgins, C., Tran, K. K., & Wong, Y. J. (2010, April). *Perceptions of stereotypes about Asian American men: A qualitative analysis.* Poster session presented at the Counseling Psychology Great Lakes Conference, Akron, OH. |
|  | Wong, Y. J. (2010, September). *Jet Li or William Hung: Perceptions of stereotypes about Asian American men.* Presentation at the Citizenship in the United States Conference, Bloomington, IN. |
|  | Wong, Y. J., & Speight, Q. L. (2009, August). Content analysis of the Psychology of Men and Masculinity.In Y. J. Wong (Chair.) *Commemorating 10 years of the Psychology of Men and Masculinity.* Symposium conducted at the meeting of the American Psychological Association, Toronto, Ontario, Canada. |
|  | Wong, Y. J., Ho, M.-H. R., Li, P. Shin, M., & Tsai, P.-C. (2009, August). |
|  | *Singaporeans' Asian values, subjective well-being, and lay beliefs about happiness.* Poster presented at the meeting of the American Psychological Association, Toronto, Ontario, Canada. |
|  | Poon, M.-L., & Wong, Y. J. (2009, March). *Counseling Asian American men with suicidal behavior.* Poster presentation at the Counseling Psychology Great Lakes Conference, Muncie, IN. |
|  | Steinfeldt, J. A., Wong, Y. J., & Steinfeldt, M. C. (2008, August). *CoBRAs and attitudes about Native-themed mascots among counselor trainees.* Poster presentation at the meeting of the American Psychological Association, Boston, MA. |
|  | Wong, Y. J., & Li, P. (2008, August). *The integrated minority stress model: A* |
|  | *theoretical framework for the study of Asian Americans’ suicidal behavior.* Poster presented at the meeting of the Asian American Psychological Association, Boston, MA. |
|  | Uhm, S. Y., & Wong, Y. J. (2008, August). *Predictors of Asian Americans’ suicidal behavior: A national epidemiological study.* Poster presented at the meeting of the Asian American Psychological Association, Boston, MA. |
|  | Wong, Y. J. (2008, August). *Re-envisioning men's emotional lives: An application of social constructionist perspectives on emotionality.* In D. S. Shepard (Chair), Opening up men’s emotional lives: Cutting edge interventions and perspectives. Symposium conducted at the meeting of the American Psychological Association, Boston, MA. |
|  | Wong, Y. J., & Rochlen, A. B. (2008, August). Writing for health: The |
|  | potential benefits of expressive writing for men*.* In M. R. Whorley & A. Mansfield (Chair), *Novel non-psychotherapeutic interventions with men.* Symposium conducted at the meeting of the American Psychological Association, Boston, MA. |
|  | Tsai, P.-C., & Wong, Y. J. (2008, July). *Chinese and Taiwanese international college students’ participation in social organizations.* Paper presented at the Minnesota International Counseling Institute, Minneapolis, MN. |
|  | Wong, Y. J., Schwing, A. E., & Brownson, C. (2008, March). *Predictors of Asian American college students’ suicide ideation.* Poster presented at the International Counseling Psychology Conference, Chicago, IL. |
|  | Lai, A., & Wong, Y. J. (2007, August). Examine thy motives: An investigation of Asian Americans’ adherence to Asian values, parenting strategies, and academic motivation.In Y. J. Wong’s (Chair), *Adherence to Asian values: Innovative research, applications, and directions.* Symposium conducted at the meeting of the Asian American Psychological Association, San Francisco, CA. |
|  | Kim, S.-H., & Wong, Y. J. (2007, August). I believe, therefore I do / don’t: Asian Americans’ adherence to Asian values and their coping strategies*.* In Y. J. Wong’s (Chair), *Adherence to Asian values: Innovative research, applications, and directions.* Symposium conducted at the meeting of the Asian American Psychological Association, San Francisco, CA. |
|  | Tran, K. K., & Wong, Y. J. (2007, August). Tales of sorrow: Asian Americans’ adherence to Asian values and narrative accounts of their beliefs about depression*.* In Y. J. Wong’s (Chair), *Adherence to Asian values: Innovative research, applications, and directions.* Symposium conducted at the meeting of the Asian American Psychological Association, San Francisco, CA. |
|  | Wong, Y. J., Tran, K., & Lai, A. (2006, August), *Linguistic predictors of Asian Americans’ psychosocial functioning.* Poster presented at the meeting of the Asian American Psychological Association, New Orleans, LA. [Awarded the Best Poster Presentation Award by the Asian American Psychological Association.] |
|  | Wong, Y. J. (2006, August), *The potential benefits of expressive writing for* |
|  | *emotionally restricted men.* Poster presented at the meeting of the American Psychological Presentation, New Orleans, LA. |
|  | Wong, Y. J., Torres, R., Slaikeu, K. D., Howell, E. A., & Rew, L. R. (2006, |
|  | February), *The relationship between religious commitment and health behaviors in adolescents: A preliminary linguistic investigation.* Poster presented at the Research Conference of the Center for Health Promotion Research, Austin, TX. |
|  | Diaz-Lazaro, C., Sprowls, C., & Wong, Y. J. (2005, November), *New horizons in Therapy: Breaking out of the deficit paradigm.* Paper presented at the meeting of the Texas Psychological Conference, Houston, TX. |
|  | Slaikeu, K. D., Wong, Y. J., Land, L. N., & Rew, L. (2005, April), *Religiosity and spirituality: Promoting health in underserved adolescents.* Poster presented at the Research Conference of the Center for Health Promotion Research, Austin, TX. |
|  | Wong, J., Land, L. & Rochlen, A. B. (2003, August). Gender role conflict and  evaluations of on-line and face-to-face counseling*.* In A. Rochlen's (Chair), *Gender role conflict research: Innovative uses, applications, and directions.* Symposium conducted at the meeting of the American Psychological Association, Toronto, Ontario, Canada. |
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|  | Wong, Y. J. (2001, August). *The role of higher education teachers in influencing students’ intrinsic motivation.* Paper presented at the Higher Education Research & Developmental Society of Australasia Conference at the University of Newcastle, Australia. |

**EDITORIAL EXPERIENCES**

Incoming Editor, Psychology of Men and Masculinities 2021

(Editor: 2022-2027)

Associate Editor, Journal of Counseling Psychology 2014 - 2017

Guest Editor, Journal of Counseling Psychology 2017

Associate Editor, Psychology of Men and Masculinities 2013 - 2021

Editorial Board Member, Psychology of Men and Masculinity 2010 – 2012

Editorial Board Member, Journal of Counseling Psychology 2012 – 2013,

2017- present

**Ad hoc reviewer for the following journals:**

* Journal of Counseling Psychology
* Psychology of Men and Masculinity
* Death Studies
* Psychotherapy
* Journal of Positive Psychology
* Cultural Diversity & Ethnic Minority Psychology
* Journal of Social and Clinical Psychology
* Sex Roles
* Identity
* Journal of Positive Psychology
* The Counseling Psychologist
* Asian American Journal of Psychology
* Journal of American College Health
* Journal of Men’s Studies
* Measurement and Evaluation in Counseling & Development

**Reviewer, Poster/Symposium Applications**

Asian American Psychological Association Convention 2006

Div 51 (Men and Masculinity) Program, APA Convention 2005,

2007-present

Prevention Section, Counseling Psychology APA Convention 2009

**TEACHING EXPERIENCE**

**Courses taught at Indiana University Bloomington** 2007 – present

* Positive Psychology (undergraduate)
* Being Asian American: Challenges of Identity and Adjustment (Asian American Mental Health) (undergraduate)
* Living the Grateful Life (undergraduate)
* Counseling Theories (graduate)
* Laboratory in Counseling (graduate)
* Multicultural Counseling (graduate)
* Seminar in Counseling Research Methods (graduate)
* Advanced Group Leadership: Counseling (graduate)
* Advanced Counseling Theories (graduate)
* Social Bases of Behavior/Social Psychology in Education (graduate)

**Courses taught at the University of Texas as an Assistant Instructor**

* Asian American Mental Health Spring 2006
* Psychological Perspectives on Asian American Identity 2005

**Teaching in Higher Education Certificate** 2001

* Accredited by the Staff and Educational Development Association,

a higher education accreditation body in the United Kingdom.

* Participated in a part-time, 18-month training program for higher education teachers.

**SERVICE (NATIONAL LEVEL)**

Chair-Elect/Chair 2021-2023

Positive Psychology Section, Division 17 (Counseling Psychology), APA

Coordinator, Featured Member Spotlight 2015-2018

Positive Psychology Section, Division 17 (Counseling Psychology), APA

Member, Awards Committee 2016

Division 51 (Men & Masculinity), APA

Chair, Leona Tyler Award Committee 2015-2016

Division 17 (Counseling Psychology), APA

Co-Chair, Awards & Recognition Committee 2014-2015

Division 17 (Counseling Psychology), APA

Founder, *Suicide Awareness and Prevention Among Asian Americans* 2009-present

* <https://sites.google.com/a/sapasianamerican.org/www/>
* Created a website that serves as a one-stop online resource on

Asian American suicide prevention for professionals.

Member, Awards Committee 2013

Asian American Psychological Association

Member-at-Large (Minority Slate) Board Member 2011-2012

Division 51 (Men & Masculinity), APA

Coordinator, Racial, Ethnicity, and Masculinity Special Interest Group

Division 51 (Men & Masculinity), APA 2012 - 2015

Leadership fellow mentor 2012

Asian American Psychological Association

* Provided mentoring to an early career AAPA psychologist in developing a fact sheet addressing myths about Asian American suicide.

Editor/Co-Editor, *The Diversity Factor*

Newsletter for the Section for Ethnic and Racial Diversity 2009 -2011

Society for Counseling Psychology

* Recruited and appointed 6 new associate editors
* Organized efforts that led to the adoption of a new name for the newsletter (*The Diversity Factor).*

Chair, Symposium Sub-Committee 2009-2010

Division 17 Suicide Prevention Presidential task force

* Led efforts to organize an 8-member symposium presentation on suicide prevention

Member, Prevention Guidelines Committee 2009-2013

* Assist in drafting a new set of guidelines on

best practices in prevention for APA

Communication Officer 2008-2010

Prevention Section, Division 17 (Counseling Psychology), APA

* Manage listserv for Prevention Section
* Manage and update the Prevention Section website
* Maintain membership list

Representative for the **Men, Masculinity, and Men's Studies Special Interest Group for the Division 17 (Counseling Psychology) mentoring roundtable at the American Psychological Association 2008 convention, Boston, MA.**

Mentor in a group session on research at the Asian American Psychological Association 2014 and 2016 convention, Washington, DC.

Mentor in a mentoring reception on strategies for succeeding in graduate school and internships at the Asian American Psychological Association 2008 convention, Boston, MA.

Facilitated a discussion on applications for internships organized by the International Section of the Society for Counseling Psychology at the American Psychological Association 2007 convention, San Francisco, CA.

**SERVICE (INDIANA UNIVERSITY)**

Chair, Organizing Committee for Faculty Strategic Hire 2023

Department of Counseling & Educational Psychology

Chair July 2019 – June 2023

Interim Chair August 2018 – June 2019

Department of Counseling & Educational Psychology

Member 2022

Diversity, Equity, and Inclusion Graduate Education Taskforce

Chair, Search Committee for the Associate Dean for 2022

Accreditation Processes, School of Education

Member, Healthy IU Steering Committee 2021 – present

Member, Search Committee for the IAS Coordinator 2021

Institute For Advanced Study

Member, Advisory Board, Institute for Advanced Study 2019 – present

Program Director, Counseling Psychology Program 2017 – 2018

Member, search committee to hire a counseling psychology 2017 & 2018

faculty

Member, Advisory Board, Asian American Studies Program 2015 – 2016

Member, Faculty Development Committee 2016 – 2018

School of Education

Member, taskforce to develop a new undergraduate major 2015 - 2020

in Counseling and Student Services, School of Education

Advisor, Counseling Psychology Student Organization 2008 - 2017

Member, Undergraduate Awards Committee 2014 – 2016

School of Education

Program Co-Chair, Counseling Psychology Great Lakes Conference

organized by the IU Counseling Psychology Program 2016

Member, Long Range Committee 2015 – 2017

School of Education

Administered the annual program feedback survey

for the Counseling Psychology Program 2009 – 2017

Member, Graduate Studies Evaluation Committee 2012 - 2013

School of Education

Member, Search Committee for new faculty member 2011 - 2012

Counseling & Educational Psychology Department

Member, Policy Council, School of Education 2010-2012

Member, Faculty Merit Review Committee 2009 & 2014

Counseling & Educational Psychology Department

Member, Advisory Board, Social Science Diversity Initiative 2009-2011

Advisor, Counseling Psychology Student Organization 2008-2017

Chair, Climate Committee, Counseling Psychology program 2007-2008

Member, Lectures Committee, School of Education 2008-2010

Dissertation Awards Committee 2008

Counseling & Educational Psychology Department

**CONSULTANCY**

**Cross-cultural country specialist** 2004 - present

* Ad-hoc cross-cultural consultancy work for Aperian Global, a company that specializes in cross-cultural training of American executives relocating to other countries. Assist in training sessions for American executives relocating to Singapore or working with Singaporean colleagues. Explain cross-cultural differences between European American culture and Singaporean culture and provide practical suggestions for effective cross-cultural communication.

**External evaluator**

Site visit reviewer for the proposed PsyD program in Counseling Psychology

at Angelo State University 2021

Evaluated a proposal for the PhD program in Counseling Psychology

from Oklahoma State University. 2019

**External examiner (consultant)** 2015 - 2018

Bachelor of Counselling Programme

Singapore University of Social Science

**INVITED PRESENTATIONS/WORKSHOPS**

Wong, Y. J. (January 16, 2024). *Fostering mattering: Addressing discrimination by omission.* Indiana Clinical and Translational Science Institute.

Wong, Y. J. (October 18, 2023). *How to write a gratitude letter* [webinar]*.* Positive Psychology Section, Society of Counseling Psychology.

Wong, Y. J. (October 6, 2023). *Publishing in the Psychology of Men and Masculinities* [webinar]*.* Society for the Psychological Study of Men and Masculinities.

Wong, Y. J. (June 24, 2023). *Positive counselling microskills.* Wesley Counselling Services, Singapore.

Wong, Y. J. (May 25, 2023). *Confronting Anti-Asian American Racism and Marginalization.* Cummins.

Wong, Y. J. (January 26, 2023). *Confronting Anti-Asian American Racism and Marginalization.* Indiana University.

Wong, Y. J. (April 20, 2022). *Fostering mattering: Addressing discrimination by omission.* Indiana University School of Medicine.

Wong, Y. J. (March, 2022). *The science of gratitude interventions.* Webinar conducted at the University of Malaya, Malaysia.

Wong, Y. J. (January, 2022). *Fostering mattering: Addressing discrimination by omission.* Webinar conducted at Indiana University’s Diversity Education Series.

Wong, Y. J. (January, 2022). *Asian American mental health.* Webinar conducted for the National Institutes of Health Asian American Pacific Islander Health Scientific Interest Group.

Wong, Y. J. (November, 2021). *Suicide prevention in AAPI youth.* Webinar conducted for Project Lotus (a non-profit organization that promotes mental health among Asian Americans).

Wong, Y. J. (October, 2021). *Giving thanks: Gratitude interventions in psychotherapy.* Webinar conducted for Brigham Young University.

Wong, Y. J. (April, 2021). *Making the invisible visible: Addressing discrimination by omission.* Webinar conducted at the School of Education Community Conversation at Indiana University.

Wong, Y. J. (April, 2021). *Vitamin G: Harness the goodness of gratitude.* Webinar conducted at Indiana University for academic advisors.

Wong, Y. J. (January, 2021). *Cultural humility.* Webinar conducted at Indiana University’s Social Justice Conference.

Wong, Y. J. (December, 2020). *Giving thanks: Gratitude interventions in psychotherapy.* Webinar conducted for the International Positive Psychology Association.

Wong, Y. J. (December, 2020). *Cultural humility.* Webinar conducted at Indiana University’s Diversity Education Series.

Wong, Y. J. (October, 2020). *Giving thanks: Gratitude interventions in psychotherapy.* Webinar conducted for the International Positive Psychology Association.

Wong, Y. J. (August, 2020). *Cultural humility.* Webinar conducted at the School of Education Community Conversation at Indiana University.

Wong, Y. J. (June, 2020). *The Intersectional Prototypical Model: Implications for men of color* [invited presentation]. Beneath the masks: Men, masculinities, and COVID-19 disparities [webinar]. American Psychological Association.

Wong, Y. J. (February, 2020). *Cultivating an attitude of gratitude.*  Presentation conducted at the Black Joy Unconference at Indiana University.

Wong, Y. J. (December, 2019). *Cultural humility.* Workshop conducted for academic advisors at Indiana University.

Wong, Y. J. (October, 2019). *The goodness of gratitude.* Presentation conducted at the Robert L. Gibson Centennial Symposium at Indiana University.

Wong, Y. J. (May, 2019). *Vitamin G: Harnessing the goodness of gratitude.* Workshop conducted for staff members in the School of Education, Indiana University.

Wong, Y. J. (November, 2018). *Seeking an academic career.* Presentation to interns at the Counseling and Mental Health Center at the University of Texas at Austin.

Wong, Y. J., & Burrow-Sánchez, J. (March, 2018). *Increasing funding and revenues.* Roundtable presentation at the Council of Counseling Psychology Training Programs Annual Conference, San Antonio, TX.

Wong, Y. J., Duffy, R., & McCubbin, L. (March, 2018). *Implementation of CoA Standards of Accreditation.* Presentation at the Council of Counseling Psychology Training Programs Annual Conference, San Antonio, TX.

Danns, D., Lee, J., & Wong, Y. J. (April, 2018). *Competitive Applications for Graduate School Admissions.* Presentation for Getting You into Indiana University (GU2IU) students at Indiana University.

Wong, Y. J. (April, 2017, 2018). *Applying for predoctoral psychology internships.* Workshop for doctoral students in counseling psychology at Indiana University.

Wong, Y. J. (April, 2018). *Bicultural competence as an international scholar.* Presentation for students at Indiana University.

Wong, Y. J. (March, 2018). *Asian American suicide-related outcomes: The complexities of death*. Presentation at the Asian American Studies Symposium at Indiana University.

Wong, Y. J. (March, 2018). *Intervention research.* Workshop conducted for counseling psychology doctoral students at Indiana University.

Wong, Y. J. (October, 2017). *Careers in academia.* Guest lecture presented to doctoral students in G600, Indiana University.

Wong, Y. J. (October, 2017). *Combating procrastination and improving productivity.* Workshop presented for Indiana University’s Counseling Psychology Student Organization.

Wong, Y. J. (September, 2017). *Gratitude: The predecessor of joy.* Lecture presented to the Black Joy Collective at Indiana University.

Wong, Y. J. (April, 2017). *Vitamin G: Antidotes for Unhappiness.* Lecture presented at Indiana University’s Culture of Care Week.

Wong, Y. J. (December, 2016). *Applying social psychological strategies in sexual aggression prevention for male college students.* Webinar organized by the Indiana University Statewide Sexual Assault Primary Prevention and Education Project.

Wong, Y. J. (January, 2016). *From graduate school to academia: Navigating one road to another as a minority student.* Workshop conducted at Indiana University’s Graduate Mentoring Center.

Wong, Y. J. (March, 2015). *Therapeutic writing.* Lecture conducted at Indiana University’s Counseling and Psychological Services.

Wong, Y. J. (November, 2014). *Vitamin G: Antidotes for Unhappiness.* Workshop conducted at Indiana University’s School of Education Staff Retreat.

Wong, Y. J. (April, 2014). *Excuse me, what do you really do?  
The life of a counseling psychology professor.* Guest *l*ecture for undergraduate psychology students at Indiana University.

Wong, Y. J. (November, 2013). *Vitamin G: Antidotes for unhappiness.* Presentation to teachers at Haig Girls’ School, Singapore.

Wong, Y. J. (November, 2013). *Introduction to counseling and graduate studies in counseling*. Presentation to psychology undergraduate students at Nanyang Technological University, Singapore.

Wong, Y. J. (October, 2013). *The psychology of gratitude: Research and practical implications for well-being.* Presentation to students at Singapore Management University, Singapore.

Wong, Y. J. (October, 2013). *Toward an integrative psychology of masculinities: Fiver paradigms and a multiprocess model.* Presentation to faculty and graduate students at Nanyang Technological University, Singapore.

Wong, Y. J. (September, 2013). *Scale development and validation: The example of the Interpersonal Shame Inventory.* Lecture presented to undergraduate psychology students at Nanyang Technological University, Singapore.

Wong, Y. J. (October, 2013). *Toward an integrative psychology of masculinities: Fiver paradigms and a multiprocess model.* Presentation to faculty and graduate students at Nanyang Technological University, Singapore.

Wong, Y. J. (March, 2013). *Working with international students.* Presentation to academic advisors and faculty members at Indiana University.

Wong, Y. J. (February, 2013). *The psychology of men and masculinities: Implications for health, dating, and pretty much everything else in life.* Presentation to faculty and students at Oklahoma State University.

Wong, Y. J. (June, 2013). *Narrative Therapy.* Presentation to volunteer counselors at Wesley Counseling Services, Singapore.

Wong, Y. J. (September, 2012). *Perceived masculinity and racial minority men.* Presentation to faculty and students from the Department of Sociology, Indiana University.

Wong, Y. J. (April, 2012). *Asian American men and perceived masculinity.* Presentation at the Asian American Studies Symposium, Indiana University.

Wong, Y. J. (March, 2012). *Does counseling work?* Presentation to board members of Catholic Charities, Bloomington, IN.

Wong, Y. J. (October, 2010). *Gender: Asian American women and men.* Guestlecture for sociology undergraduate students at Indiana University.

Wong, Y. J. (March, 2010). *Filipino American leadership.* Presentation at the Midwestern Filipino American Association Conference, Indiana University.

Wong, Y. J. (November, 2009). *Walking from darkness: Asian American Suicide Prevention.* Presentation to faculty members of the School of Education, Indiana University.

Wong, Y. J. (September, 2009).  *Life as an academic.* Panel discussion at the Asian American Studies Conference, Indiana University.

Wong, Y. J. (September, 2009). *Walking from darkness: Asian American Suicide Prevention.* Presentation at the Asian American Community Center, University of Illinois, Urbana-Champaign.

Wong, Y. J. (March, 2009). *Asian Americans’ suicidal thoughts: Risk and protective factors.* Presentation at the Asian American Suicide Prevention Initiative community event in Chicago, IL.

Wong, Y. J. (March, 2009). *New directions in theory and research on culture and mental health: Applications to Asian* A*mericans.*Presentation at Fuller Graduate School of Psychology, Pasadena, CA.

Wong, Y. J. (September, 2008, 2009). *Asian American leadership in predominantly White institutions.* Presentation to Asian American student leaders at Indiana University Bloomington.

Wong, Y. J. (June, 2008). *Strength-centered Therapy.* Presentation to volunteer counselors at Wesley Counseling Services, Singapore.

Wong, Y. J. (April, 2008). *Cultural conversations: Communicating with culturally-diverse parents.* Workshop for teachers in the Monroe County School Corporation, Bloomington, IN.

Wong, Y. J. (October, 2007). *Asian American Mental Health.* Presentation at the Asian Cultural Center, Indiana University Bloomington.

Wong, Y. J. (October, 2007). *Introduction to social constructionism and strength-centered therapy.* Presentation at the Center for Human Growth, Indiana University Bloomington.

Batra, S., & Wong, Y. J. (April, 2007). *Challenging Hollywood: Rethinking images of Asian Americans in the media.* Presentation to students and staff at the University of Texas at Austin.

Wong, Y. J (April, 2007). *Mental health issues in study abroad trips.* Presentation to faculty members of the College of Engineering, University of Texas at Austin.

Wong, Y. J. (March, 2007). *History of counseling psychology.* Presentationto doctoral students of the Counseling Psychology program, University of Texas at Austin.

Batra, S., & Wong, Y. J. (October, 2006). *Working with Asian American Students.*

Presentation to academic advisors, University of Texas at Austin.

Wong, Y. J. (May, 2006). *Surprising tales from the labyrinth of research and publications.* Presentationto students and faculty of the Counseling Psychology program, University of Texas at Austin.

Wong, Y. J. (April, 2005). *Man, you need help! Reflections on men and help seeking.* Presentation to faculty and staff at St. Edward’s University, Austin, TX.

Wong, Y. J. (July, 2004). *Strengths-based strategies for counseling and personal growth.* Presentation to volunteer counselors at Wesley Counseling Services, Singapore.

Wong, Y. J. (October, 2003). *Person-centered therapy.* Guest lecture for an undergraduate counseling theories class, University of Texas at Austin.

**PROFESSIONAL EXPERIENCES AT THE UNIVERSITY OF TEXAS**

Mentor for pre-graduate school internship program 2006

Member, Counseling Psychology Student Government 2002 – 2006

Member, UT Apartments Advisory Board 2003 – 2005

Graduate Research Assistant, School of Nursing 2003 - 2006

Graduate Research Assistant, Dept of Educational Psychology 2003

**CLINICAL EXPERIENCE**

**Psychology Intern, Counseling & Mental Health Center** 2006-2007

**University of Texas at Austin**

* Provide individual, couples, and group counseling as well as crisis clinical services to undergraduate and graduate students from diverse racial/ethnic backgrounds.
* Supervise practicum student’s clinical work (Spring 2006).
* Conduct intake interviews with clients.
* Conduct outreach activities (e.g., psychoeducational workshops) on behalf of the counseling center.

**Practicum trainee, Counseling & Mental Health Center**  Fall 2005-

**University of Texas at Austin** Spring 2006

* Provided individual counseling to undergraduate and graduate students from diverse racial/ethnic backgrounds.
* Conducted intake interviews together with supervisor.

**Practicum trainee, Psychological Services,** Fall 2004 -

**St. Edward’s University** Spring 2005

* Provided individual counseling to undergraduate and graduate students from diverse racial/ethnic backgrounds.
* Conducted intake interviews.
* Provided urgent care counseling services.
* Co-led psychoeducational groups for students who violated the university’s alcohol policies.

**Practicum trainee, Career Services, Texas State University** Spring 2004

* Provided career counseling to undergraduate and graduate students from diverse racial/ethnic backgrounds.
* Discussed career assessment results with clients. Experience administering and interpreting the Myers-Briggs Type Indicator, Strong Interest Inventory, and Campbell Interest and Skills Survey.
* Provided feedback on clients’ resumes, CVs, and cover letters.
* Conducted role-plays for clients preparing for job interviews.
* Developed guidelines for conducting suicide assessment with clients.

**Practicum trainee, Career Exploration Center, UT Austin** Fall 2003

* Provided career counseling to undergraduate and graduate students from diverse racial/ethnic backgrounds.
* Provided feedback on clients’ resumes, CVs and cover letters.
* Researched and evaluated the use of new career assessment tools for the center, e.g., the Values Scale.

**OTHER CLINICAL/PSYCHOEDUCATIONAL EXPERIENCES**

**Co-leader, sexual health education groups** Summer 2005

* Co-led sexual health education groups for homeless male adolescents and emerging adults in Austin, TX. Each group consisted of about 3 – 8 participants who attended 8 one-hour group sessions (total: 32 intervention hours, 4 support hours).
* Topics discussed in the groups include assertive communication, sexual self-concept, reducing the risk of sexually-transmitted diseases, and testicular self-examination.
* Groups funded by a $1.2 million research grant awarded to Dr. Lynn Rew, Professor, UT School of Nursing.

**PROFESSIONAL MEMBERSHIPS**

Asian American Psychological Association

American Psychological Association

* Div 17 (Counseling Psychology)
  + Positive Psychology Section
  + Prevention Section
  + Section for Racial and Ethnic Diversity
  + International Section
* Div 45 (Ethnic Minority)
* Div 51 (Men and Masculinity)